

Packing Checklist:

Bedding

- Sheets
 - An extra set if your camper has accidents
- Blankets
- Pillow
 - An extra pillow(s) for special sleep positions
- Sleeping bag

Showering

- Shampoo/Conditioner
- Bodywash
- Facewash
- Towel
- Washcloth/loofah

Toiletries

- Toothbrush
- Toothpaste
- Mouthwash
- Deodorant
- Hairbrush
- Hair-ties
- Feminine Hygiene products

Footwear

- Sneakers
 - Must be close-toed and suitable for walking/hiking/games
 - Extra pair of sneakers in the event of rain
- Flip flops/crocs for the cabin/shower/pool area

Clothing

- Shorts
- Sweatpants/Jeans
- T-shirts
- Hoodies
- Socks
- Underwear
- Sports bras



- Coat
 - Rain jacket
 - Sleepwear
- ☐ Adaptive Equipment
- Anything used to assist the camper in their daily lives should be brought along to camp
 - Examples include Pivot Disk, Transfer Belt, Canes/Walkers, Bed Pad, Braces, Lift/Sling
- ☐ Additional Items
- Hat/Sunglasses
 - Water bottle
 - Small backpack
 - Sunscreen
 - Bathing suit
 - males must have a suit with a drawstring
 - ladies must have a modest 1-piece
 - Towel for the pool
 - Books/Games for downtime
- ☐ Medications
- Any medications taken in a camper's daily life should be brought to camp